

Published based on [What To Do When Your Marriage Is Not Working](#)

What To Do When Your Marriage Is Not Working

Things started off well. The primary wooing you and your partner started on was a windstorm of romance, lust and strong comradeship. When you both ultimately asserted 'I do', it only cemented the superb bond you shared. Fast forward to now though. For whatever reasons, the marriage simply isn't working. It's decision time - are you going to work to turn things around, or are you going to surrender?

There are doubtless a great number of reasons which explain why things are how they are at the moment. You may feel that your partner is the real cause of things, but my guess is that you've got both played a role. If you can presumably look back and try to see where things have gone wrong, it can be an important primary step in terms of what to try next.

Calling it a day and moving on is the straightforward option, and as you are reading this, I do not believe that's what you want to do. You want to work on things from the ground up, absolutely reinventing the whole relationship in the procedure. Naturally, this is much easier said than done, but if you have got the right guidance and are steered in the right path, there isn't any reason why it can't be done if you would like it badly enough.

There are several options open to you. You can of course sit down with your companion and try to trounce out all of your issues and concerns. Whilst this is undeniably a confident step in the right way, it can be challenging as you both have certain beliefs, values and habits. Each homo sapien does. If things are really bad, then I'm fearful the odds of you being able to fix things completely by yourselves are pretty slim. Not unlikely though.

The issue with a marriage that isn't working, is that disappointment and acrimony continuously builds up. This makes it more tricky for a pair to be well placed to think and communicate rationally as time elapses. A turbulent marriage can be very stressed and distressing. This is why I recommend you have a shared focus together. What I'm saying by this is that you make sure you are both singing from the same hymn sheet when it comes to what you do on a regular basis to move things forward from the troublesome position you now find yourselves in.

This can take the kind of going to professional counseling, where the counselor will be offering suggestions and 'homework' between sessions. Even better (and much cheaper) though, it may take the type of reading a book together and following the guidance and recommendations. There are some amazingly favored and dynamic eBooks and eCourses available now, and one of the large advantages of them is you can have direct access to them. It's a plan that is well worth thinking about in your quest to save your marriage.

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